

# PITTSBURGH SOBER LIVING

## Contract of Rules and Regulations

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This Contract of Rules and Regulations is an agreement between the individual and Pittsburgh Sober Living (PSL). The rules and regulations were originated to ensure that the individuals have a safe place to live and recover. Individuals violating any rule or regulation, unless otherwise noted, will receive (1.) a verbal warning; (2.) a written warning; (3.) if behavior is not corrected the individual will be evicted for any further violation. Additional rules may be added at any time, as deemed necessary by PSL or House Manager.

PSL may at any time, enter any location to make repairs or alterations and/or to inspect that the location is up to PSL standards. This includes an individual's personal space and belongings. The individual is responsible for putting their personal space back in order after an inspection takes place.

### 1.) Payment & Entry

- a) Payment in the amount of four hundred fifty dollars (\$450.00) is due upon entry and each subsequent month on the 1<sup>st</sup> day of the month for the following month. Payments will be prorated per PSL policy if an individual's occupancy starts on a date other than the 1<sup>st</sup> day of the month. Overdue/late payment will result in an eviction notice. Individuals may not sublet their contract.
- b) All Individuals are to have medical insurance. If individual does not have medical insurance they are required to apply through welfare.
- c) Individuals are required to sign all appropriate releases, contracts, etc. and any other forms required by PSL at the time of entry.
- d) Individuals are required to fill out an inventory sheet of all personal belongings. Personal belongings must not exceed the personal space available.
- e) Occupant must be employed or be in an educational or recovery aftercare program full time within fifteen (15) days of moving in. If individual is on Social Security disability, they must volunteer their time to a PSL approved activity for at least fifteen (15) hours per week. These conditions must be maintained throughout occupancy.

### 2.) Recovery

- a) All individuals serve a probationary/blackout period of thirty (30) days. Individuals not showing a commitment to their recovery will be reviewed and possibly evicted. Commitment to recovery includes but is not limited to; Sponsor, Homegroup, and AA Meetings.

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- b) Attendance at five (5) Alcoholics Anonymous (including 1 text study) meetings per week is mandatory for the first ninety (90) days of occupancy. A signed meeting list must be turned in at the weekly house meeting. After the first ninety (90) days of occupancy, three (3) meetings per week are mandatory.
- c) Weekly house meetings are mandatory and will be scheduled by the House Manager. Prior permission for absence is unlikely and unexcused absence will result in a warning. Multiple warnings will result in eviction.
- d) An individual may be asked to leave if their behavior is not conducive to recovery and/or fellow individuals wish them to leave. PSL reserves the right to be the judge of the individual's behavior and to make the final decision.
- e) Individuals will be subject to random drug testing. If an individual refuses testing or if the test results are positive, individual will be immediately evicted. Individuals will have one (1) hour to give test sample upon request. Other individuals may anonymously request another individual to be drug tested.
- f) If any individual is aware that another individual has relapsed and has not notified PSL or House Manager, they will be subject to eviction for withholding that information.
- g) If a person is *suspected* of using drugs and the drug test result is negative or the individual believes the test produced a false positive, the individual is expected to give a sample to a healthcare provider for lab testing at the individuals own expense.
- h) Pittsburgh Sober Living and all affiliates reserve the right to disclose the results of drug testing to medical personnel, law enforcement, and government personnel (such as parole officers, probation officers, etc.).

### **3.) Occupancy Conduct**

- a) Sunday through Thursday curfew is 11:00 p.m. Friday and Saturday curfew is 1:00 a.m.
- b) Individuals will be responsible for their weekly assigned chores. Chores must be completed to the satisfaction of the House Manager or PSL. If the chore has not been completed, or not completed to the satisfaction of the House Manager or PSL within twenty-four (24) hours, curfews/blackouts or other restrictions will be implemented. Eviction will result from continued unsatisfactory completion of chores.

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- c) Individuals are responsible to make their beds daily and keep their personal area clean. They will also be responsible for cleaning up the kitchen and bathroom after individual use.
- d) The phone, computer and any other device/appliance will be used in a mature and considerate manner.
- e) Theft or committing any crime will be grounds for immediate eviction. Threats of violence will not be tolerated and any physical violence will be grounds for immediate eviction of all individuals involved.
- f) There is no smoking inside the house. Smoking is only permitted outside in the rear of the residence.
- g) No Vitamins, herbs, minerals, supplements or medication of any type are to be brought into the house without prior approval of house management.
- h) No sharing personal items of any kind. Sharing of any medication is reason for immediate eviction.
- i) Individuals may not bring or keep pets in any PSL location.
- j) No interior locks of any kind are permitted on bedroom doors. If there is a lock on the outside of individual's bedroom door, house manager & house owner will require access to your room in the event individual is not present.
- k) All individuals are restricted from transporting, being transported or associating alone with any member of the opposite sex for the first 90 days of occupancy unless they are the individual's legal spouse or immediate family member. No guests of the opposite sex are permitted on the property unless they are immediate family members.
- l) There will be no overnight leaves the first thirty (30) days of residence. Overnight leaves require a forty-eight (48) hour approval from PSL or House Manager. No overnight leaves will be permitted during the first 90 days of residence to be spent with a member of the opposite sex unless they are the individuals' legal spouse. Individuals will be drug tested upon their return from any overnight leave. Any individual behind on payment will NOT be allowed to take an overnight leave under any condition.
- m) No guests are permitted in the house between 11:00 p.m. and 8:00 a.m. Guests are only permitted on the first floor and not in any of the bedrooms. If any guests are minors, there must be a signed release on file with PSL from the minor's legal guardian.

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- n) All activities (events, sports, and etc.) are at the individuals own risk. Pittsburgh Sober Living and affiliates are not responsible for injuries and/or property damage resulting from such activities.
- o) Individuals shall not alter the plumbing, electrical, ventilation, heating or cooling systems. Individuals must not paint, panel, wallpaper, alter flooring or make any other structural alterations. Individual is responsible and liable for all repairs, replacements and damages caused by any acts of negligence of the individual, invitees or guests.
- p) Individuals may not alter in any way the telephone, internet, or cable. If any additional charges (including PPV) are found, the individual will be solely responsible for reimbursement. Continuing conduct will result in eviction.

#### 4.) Eviction

- a) Evicted individuals will be given twenty-four (24) hours to vacate the premises. Any belongings left after a period of one (1) week will be donated to a PSL approved charity.
- b) Evicted individuals will not be permitted to return to the property without permission of PSL. Individuals are not permitted to accept phone calls from, permit admittance into the home, or give anything in the house to the evicted individuals without house manager or home owner present and/or approval.

Individual Name: \_\_\_\_\_

Individual Signature/Date: \_\_\_\_\_

PSL Rep Signature/Date: \_\_\_\_\_

Witness Signature/Date: \_\_\_\_\_

Rev 1.17.17

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